

Short videos



How to change alertness scale?



How to change commute times?



How to change preferred main sleep?



How to lock or unlock a roster?



How to add comments to a roster?



How to share roster?



How to copy a schedule?



How to edit duty?



How to copy duty?



How to add model-defined sleep to a duty?



How to add user-defined sleep to a duty?



How to edit sleep?



How to add activity?



